The Adverse Childhood Experiences (ACE) Study findings represent a paradigm shift in human understanding of the origins of physical, social, mental, and societal health and well-being. We now know that leading causes of disease and disability, learning and productivity problems, and early death have their roots in the cumulative neurodevelopmental impacts of ACEs and toxic stress.

The Understanding ACEs: Building Self-Healing Communities presentation provides information about the ACE study, along with neurobiology that explains why ACEs impact people’s lives, and what we can all do to dramatically improve health and resilience for this and future generations.

The presentation will be held at:

ONLINE

Register online or email marnold@rcbo.org to receive Zoom information

For questions or more information, contact Margery Arnold at (657) 206-4823, marnold@rcbo.org