

My Eucharistic Journey

SESSION 1

WATCH INTRO



Based on the
#1 documentary film

**JESUS
THIRSTS**

THE MIRACLE OF THE EUCHARIST



Introduction to the Eucharistic Revival (Defining Terms)

Bishop Andrew Cozzens, as chairman of the Committee on Evangelization and Catechesis, announced that June 19, 2022, the Feast of Corpus Christi, would mark the beginning of a dedicated 3-year Eucharistic Revival. In efforts for the Diocese of Orange's hope for more parishes and schools to participate in the Nation-wide Eucharistic Revival, the Office of Evangelization and Faith Formation and the Office of Catholic Schools have joined in a collaborative effort to work together in promoting the National Eucharistic Revival.

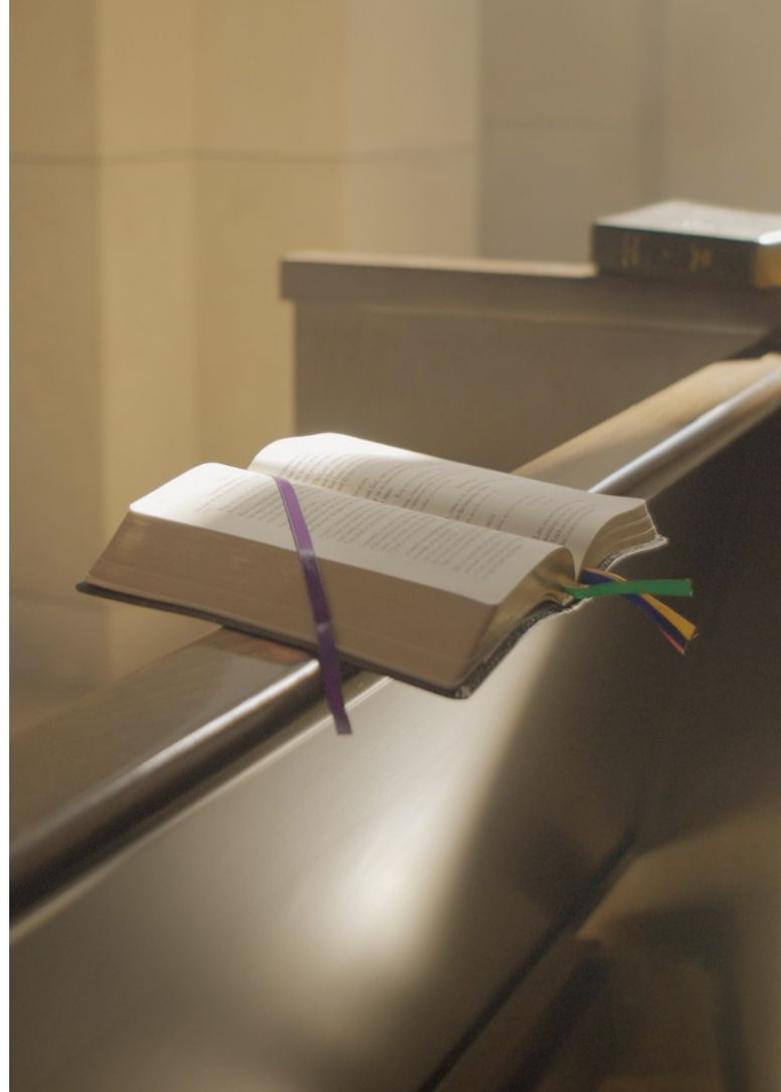
The following videos clips are meant to introduce us to this topic and help us come to a greater understanding of the reality and challenges of the Eucharist in our own times. It is our hope that exposure to Jesus Thirsts: The Miracle of the Eucharist will motivate students within the Catholic schools in the Orange Diocese to a greater knowledge and love for the Eucharist.

Catholic Basics on the Eucharist

Catholics believe that Jesus becomes truly present *body, blood, soul, and divinity in the sacrament of the Eucharist.*

Key Terms

State of Sanctifying grace
Mortal sin
Tabernacle
Monstrance
The Blessed Sacrament



Introduction to Jesus Thirsts

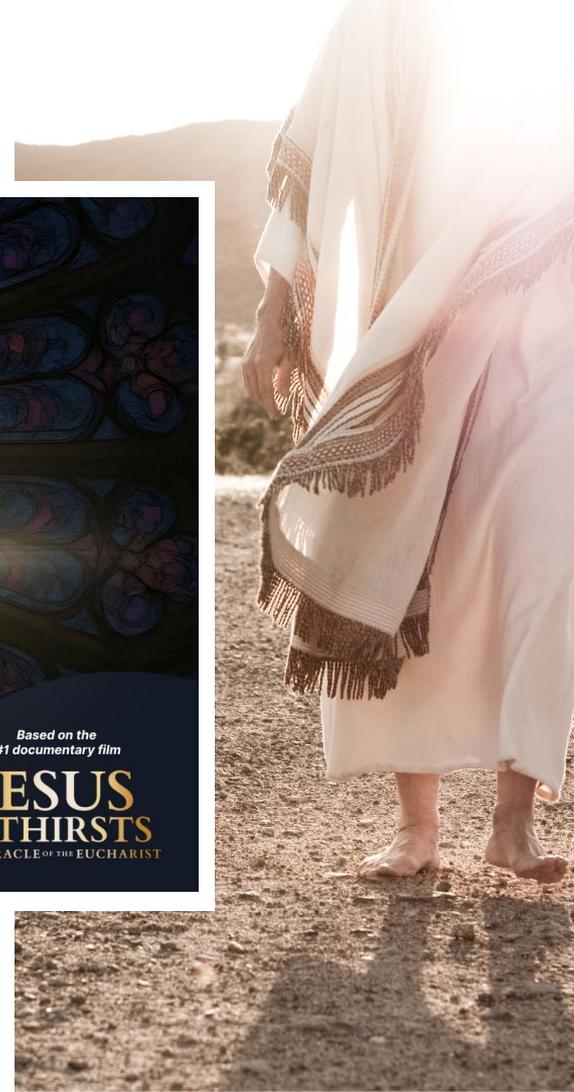


Introduction to Jesus Thirsts

Discussion Questions

- What was your reaction to hearing that 70% of Catholics believe that the Eucharist is only a symbol?
- The documentary mentions that “materialism” and “secularism” are causes for decrease in faith in the Eucharist. What do you believe are other reasons that people no longer believe that Christ is present in the Eucharist?
- Why is it that only Jesus can be the one to quench our interior longings and thirst and not the world?





On Our Way to Emmaus

Discussion Questions

After Christ's resurrection, Cleopas and his companion were on their way to Emmaus, the disciples are unaware that it was Jesus who was the stranger that had joined them. Jesus shows them using the bible how everything in the bible pointed to Him.

- Identify moments in your life when Christ was walking at your side, and you may not have recognized him. You may also share moments where you have walked with others on their journey towards encountering Christ.
- Jesus Christ himself used scripture to show his disciples how the scriptures pointed to him: What are some ways that you can enhance your reading of the bible to get closer to God?

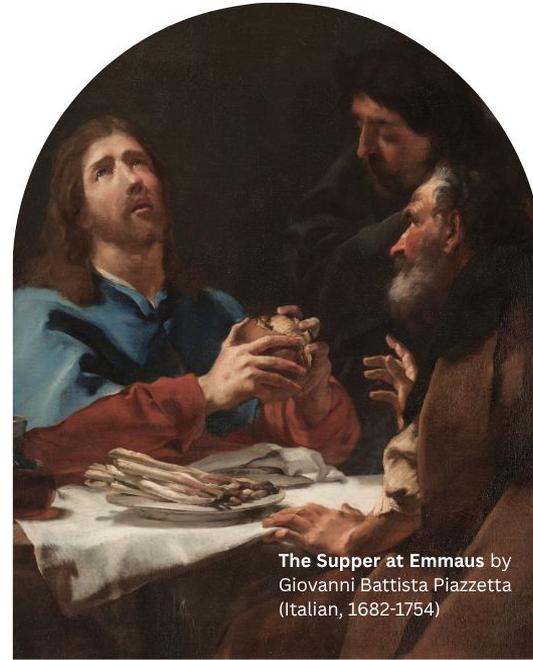


On Our Way to Emmaus (Cont'd)

Notice in the story that the disciples did not recognize Jesus until the breaking of the bread; but it wasn't until Christ had walked and opened their eyes through his explanation of the scriptures:

- What are some ways that our faith can increase and are eyes too be opened like those disciples on the way to Emmaus? How can we help others recognize Jesus in the breaking of the bread?
- By the end of their encounter with Christ, the disciple's hearts were burning for Christ so that they went out to gather with the other disciples in Jerusalem. How can our own hearts be enkindled for Christ? What do you think will make others feel moved to love and be transformed by the love of God and live it out in their own lives?

In our time together we have learned about the Eucharistic Revival, the basics about the beliefs of Catholics in the Eucharist, and the story about how the hearts of the disciples burned when they encountered Christ in the Eucharist. How can we be like the disciples and also have our hearts burning after an encounter with Christ in the Eucharist?



The Supper at Emmaus by
Giovanni Battista Piazzetta
(Italian, 1682-1754)

My Eucharistic Journey

SESSION 2

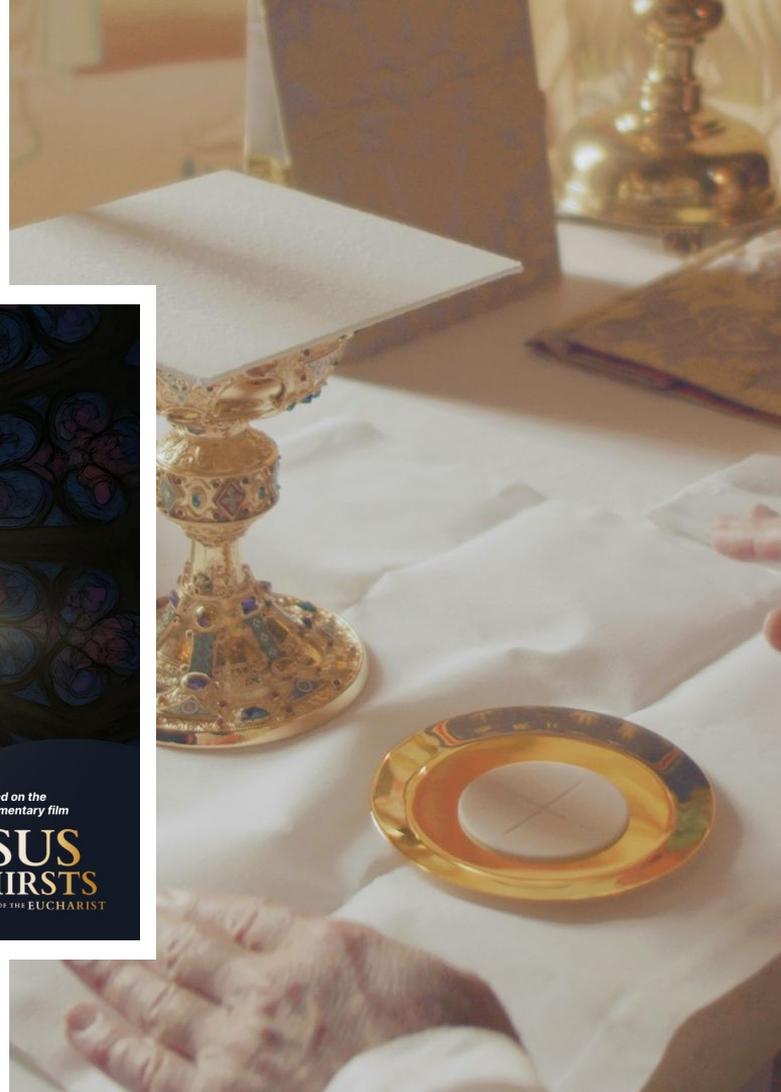


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The Last Supper and the Four Rooms

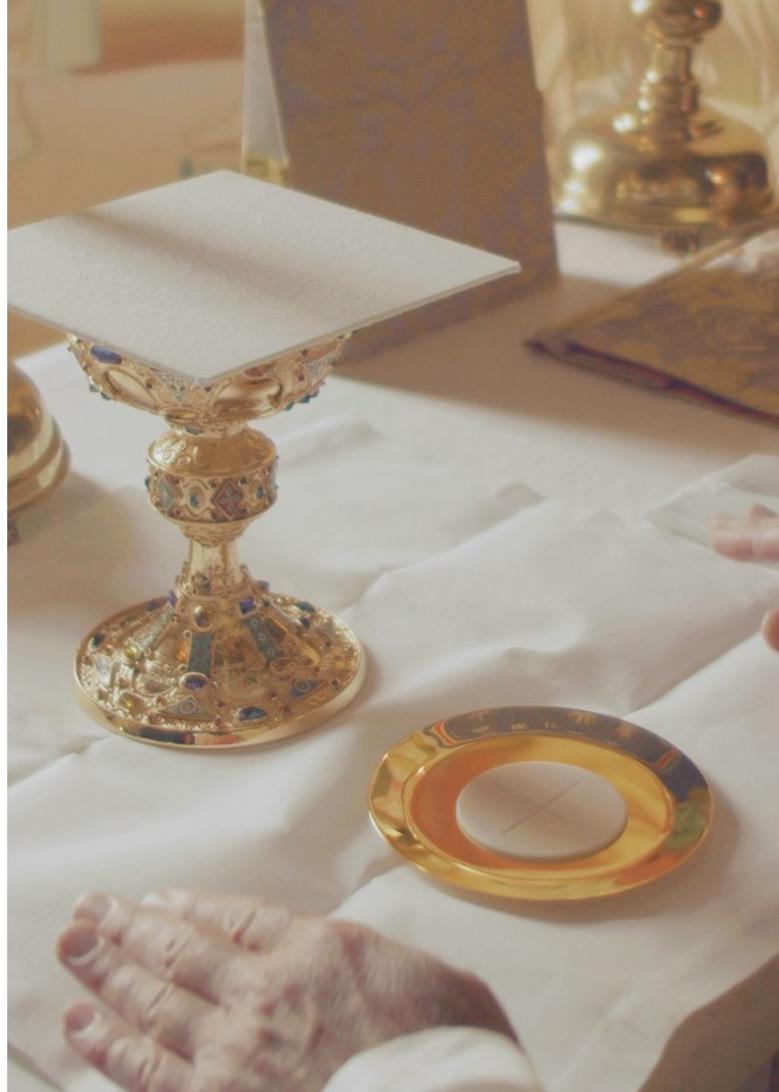


The Last Supper and the Four Rooms

Discussion Questions

The Last Supper of Christ with his Apostles is considered in Catholic tradition the institution of the Holy Eucharist, that is, the Mass; it was there that Christ established the memorial of his passion, death, and resurrection.

- Do you think that many Catholics realize that Christ himself established the Mass and ordered his Apostles to continue the memorial of his sacrifice and resurrection in the real presence of the Eucharist? Does this change your understanding of the Eucharist?





The Last Supper and the Four Rooms

Discussion Questions (cont'd)

- Father Charbel from St. Michael's Abbey speaks about the phases of the Mass in his analogy of the four rooms: purification, reading of the word of God, the offertory, and the banquet room of the last supper and union with the sacrifice of Christ.
- What are other personal ways that we can prepare ourselves to participate in the four rooms that Father Charbel uses to teach about the Mass?



Adoration

Discussion Questions

Scott Hahn says that Eucharistic adoration is an extension of the Holy Mass. Have you ever had a chance to spend time before the Eucharist in adoration? What was your experience like?

After the girl was invited to pray with Sister in front of the Blessed Sacrament, she wept, turned to the sister and said, “Sister, this is the first time I could hear my heart speaking.” Have you spent time before God and spoke to him from your heart?

Sometimes Catholics bring their bible, rosary or other devotions to help guide their prayer. What are prayer habits that you can create when visiting the Blessed Sacrament?

How can you bring your current prayer life closer to the Eucharistic Lord?

