

Finding Hope and Peace: A Catholic Journey Through the Holidays After Divorce

Mireya is the founder of Healing in Faith Therapy, where she thoughtfully integrates evidence-based treatment approaches with values rooted in the Catholic faith. As a divorced mother of three young adult daughters, she offers both professional expertise and personal insight to her work. She has contributed to retreats for young adult children of divorced parents and remains deeply committed to living out and sharing her Catholic faith through her practice and everyday life.

06

Dec. 2025

Christ Cathedral Pastoral Center



5:30 PM TO 8:30 PM | IN PERSON OR VIA ZOOM 13280 CHAPMAN AVE, GARDEN GROVE, CA 92840

4:30 pm Vigil Mass at the Cathedral (optional)

5:30 pm Social hour with light dinner (bring a side dish or dessert to share)

6:30 pm Workshop (Zoom will start at this time)



