



***Lent: A time for healing and renewal***

## **Lenten Mission**

**St. Nicholas Parish, Laguna Woods**

**March 13 – 16, 2023**

**Lenten Mission Director: Fr. Jacob Carazo, OFM Conv.**

Lent: A time for healing and renewal. All are invited to reflect on how to live a healthy and holy Lent that will lead us to healing and renewal. We are all aware of the penitential acts of prayer, fasting, and almsgiving. Now, we can together explore over four days, how to strengthen those penitential acts as we continue listening to the challenging call to conversion, purification, and enlightenment.

**Our journey will take us to explore the following:**

- 1. How do I observe a healthy and holy Lent beyond giving up chocolate, alcohol, etc.?**
- 2. Listening to and responding to the challenging call to conversion.**
- 3. Purification and Enlightenment: Journeying with our soon to be initiated brothers and sisters in the RCIA Program.**
- 4. Staying on track with a good and holy confession.**

Father Jacob will begin guiding us to our Lenten Mission preaching at the Sunday Masses the weekend of March 11 – 12, 2023, as well as at Daily Mass on the days of the Lenten Mission. The talks will take place **Monday, March 13 – Wednesday, March 15 from 9:45 AM – 10:45 AM** followed by a 30-minute time for questions and answers. The same talks will take place in the evening from 7 PM – 8 PM followed by a 30-minute questions and answers session.

On Thursday, March 16, the focus will be on Penance and Reconciliation and the talks will be from 9:45 AM – 10:15 AM followed by confessions and then in the evening from 7 PM – 7:30 PM with confessions to follow.

The morning and evenings talks will be in the Parish Hall Monday, March 13 – Wednesday, March 15, while the Thursday, March 16 final talks on Penance and Reconciliation in the morning and evening will be in the church. Let us invoke the gifts and fruits of the Holy Spirit that this retreat will give us the grace, strength, and courage to respond to this grace-filled time of healing and renewal.