

Bread of Our Lives:

Ash Wednesday Retreat



Photo by Monserrat Soldú from Pexels

Wednesday, February 22, 2023 • 9 am to 1 pm

[Registration Closes February 13]

Center for Spiritual Development • 434 S. Batavia Street, Orange, CA

Fee: \$30 (Includes a light lunch of soup and bread)

Led by: Sr. Jane Delisle, CSJ, and Sr. Karen Clock, CSJ

Bread is a form of nourishment for body and soul. Jesus gives himself to us in unconditional love outpoured to sustain us in this life and prepare us for the next. He is a model for our own living today. There is significance of bread as a metaphor and the actual staple for life. Start Lent with a morning of retreat. Come to explore the deeper meaning, reflect, and enjoy Bread as a gift and an invitation for your Lenten journey.

Schedule

9:00 am	Presentation, guided reflection, and prayer
11:00 am	Mass and receiving of ashes followed by soup and bread lunch
12:30 pm	Drawing together the experience

(See website for more details and information on the speakers.)



Center for
Spiritual
Development

FOR INFORMATION & TO REGISTER:

Call (714) 744-3172, email thecsd@csjorange.org

or go online at: www.thecsd.org

